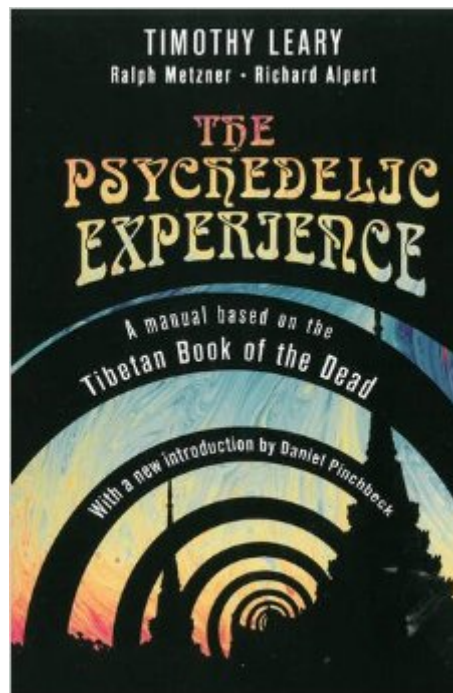


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# The Psychedelic Experience: A Manual Based On The Tibetan Book Of The Dead (Citadel Underground)



## Synopsis

The Psychedelic Experience: A Manual Based on the Tibetan Book of the Dead (Citadel Underground) by Timothy Leary

## Book Information

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## Customer Reviews

This book is an excellent and concise manual on how to use the Tibetan Book of Living and Dying to be able to gain perception of the clear light. The reason for this book is NOT to give instant enlightenment. The purpose of this book is to practice the art of correct and conscious dying by using your mind to properly navigate the bardo. Traditionally in Tibet this book would be used in 2 instances. The first is during a retreat known as dark room where the monks and nuns literally go into complete light isolation for a period of 49 days. During the initial 2 weeks the brain chemistry is radically altered to produce endogenous entheogens believed to be DMT. This way the bardo thodol can be experienced in holographic 3D mind projections or hallucinations. The only other time the bardo thodol is used is to read it to a person whom is actually dying to utilize the time of death as an opportunity to reach enlightenment through the perception of the clear light. Psychedelics and dark room retreats are used in the same way a pilot would use a jet simulator. You can practice dying over and over again until you are able to quickly and easily perceive the clear light upon death (ego loss) and attain nirvana. In this instance ones mindstream will instantly be transferred into the realm of pure light or the 4th dimension. This book helps one to experience the state of samadhi or rigpa

which is the state of non-dual consciousness. The experience of rigpa is necessary to the practice of the inner tantras like dzogchen. Even though this book mentions LSD, I suggest that we should only stick with the time tested entheogens used through out history like ayahuasca, iboga, peyote, san pedro etc....

Since there is so much talk about the Beatles song, Tomorrow Never Knows, I have decided to use it as the 'working title' of this review. We don't know what tomorrow will bring. It is a bit audacious on our part to even think that there might even be a tomorrow because all supposed tomorrows are simply extensions of our today. I picked this book up in a used bookstore in San Francisco. I was at a crossroads in my life. I thought I really wanted to move up to the Bay Area for good. I thought that Southern California offered me as much as it possibly could, but now it was time to move to a different, higher part of the state. What it was really time for was to move to a different, higher state of consciousness. It wasn't necessarily Southern California that wasn't offering anything more to my life, I wasn't offering anything more to my life. I was in a slump creatively, emotionally, mentally, and spiritually and you know what they say what the difference is between a slump and a grave --- about six feet. Fortunately (or unfortunately according to some of my family members) I came across the three musketeers; Ralph Metzner, Richard Alpert, and Timothy Leary. I had long been interested in LDS but I wasn't ready to give up coffee and I didn't really believe in polygamy...oh, wait, that's Latter Day Saints...I meant, LSD...lysergic acid diethylamide...Albert Hoffman's "problem child". I had already been meditating and deeply studying Spirituality/metaphysics for a few years and I had many breakthroughs in many areas of my life, but like I said earlier, I felt I was in a slump. Maybe I should've just kept on doing it the 'old fashioned way' because psychedelics may promise enlightenment, but like most drugs do, they tend to lie.

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